



**U.S. Army Medical Department Activity - Bavaria
Public Affairs Office**

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For Immediate Release

Fluzone[®], Flumist[®] vaccines available at Bavaria Army Health Clinics

BMEDDAC release

VILSECK, Germany - FDA-approved influenza vaccines have arrived at Army health clinics in Bavaria. The available vaccines include injectable Fluzone[®] for beneficiaries 6 months and older and intranasal Flumist[®] for beneficiaries between 2 and 49 years of age.

The clinics will begin vaccinating beneficiaries the week of Sept. 20. If you have a school-aged child, it is likely they will have the opportunity to be vaccinated at school. For more detailed information and walk-in hours, please contact your local health clinic or school.

This year's seasonal vaccine protects against three influenza viruses that research indicates will be the most common in the upcoming season. The 2010-11 flu vaccine will protect against the 2009 H1N1 flu strain and two other flu viruses.

"One of the best ways to protect against seasonal influenza and its potential severe complications is to get a seasonal flu vaccine yearly," said Lt. Col. Gwendolyn Davis, Bavaria Medical Department Activity chief of Preventive Medicine.

According to the Centers for Disease Control and Prevention, influenza caused more than 160,000 adult hospitalizations last year alone. The CDC recommends the influenza vaccine for all persons 6 months and older for the 2010-11 influenza season.

All military personnel are required to receive the influenza vaccine. The Army set a compliance date of Dec. 1, 2010. All beneficiaries are highly encouraged to receive the seasonal influenza vaccine, said Davis.

DoD Military Vaccination Program officials expect a sufficient amount of influenza vaccine to be available this year. However, vaccine will arrive in separate shipments. Visit the BMEDDAC website and select your local health clinic for the most up-to-date information:

<https://ermc.amedd.army.mil/Bavaria/index.cfm/>.

Vaccine and immunization information is available at the CDC website at www.cdc.gov/vaccines and at www.vaccines.mil/, which is the Department of Defense MILVAX website.